



August 2010 - CALENDAR OF EVENTS



Speaker Presentations (◆) are open to the public ~ Non-Members may attend for a fee of \$10 each. Networking sessions are open to the public for no charge.

5th Thur 1:30 pm "STRATEGIES FOR BUILDING OPTIMISM" ◆

Presented by: Debra Desmond, SPHR, Executive Coach and Career Coach, Real Perspective Coaching

Who couldn't use additional optimism in today's economy? Join this interactive presentation to learn what researchers have delineated as the intellectual habits unique to optimists and how they behave differently from others. In this discussion Debra will review the 5 strategies optimists are known for and the ways to put them to work in achieving positive results within one's job search. Learn what the compulsion of being an optimist is and how it can contribute to life satisfaction.

9th Mon 10:15 am RESUME PREPARATION & PRESENTATION ◆

Presented by: Melissa Jensen, CRC Advisor & former Grainger Director of Employment Development

Getting noticed in today's competitive job market requires a resume that promotes your talents. Melissa will offer you a framework for identifying your strengths and review the content and format that employers are seeking.

10th Tue 4:30-6:30pm INTRODUCTION TO EXCEL – CRC Clients Only – Registration Required - \$10 fee

Instructed by: Sherri Peterson, Sponsored by OASIS and AT&T Partnership in Technology

16th Mon 10:15 am "ACE YOUR INTERVIEW" ◆

Presented by: Tom John, Sales Professional, former Consultant at Challenger, Gray & Christmas

Understanding the psychology of the interview itself can benefit a first time interviewee or candidates trying to improve their impact. Tom will go over how to answer some of the tough questions like: "Tell me about yourself?"; "Why did you leave?"; "What are your weaknesses?"; "What kind of money are you looking for?"; and "Where do you want to be in 5 years?". Learn what the process is all about or what it is not about.

17th Tue 7:00 pm JOB SEARCH ROUNDTABLE – CRC Clients Only

Facilitated by: Jack Bigelow, CRC Advisor & Communications Consultant

Explore effective job search strategies with a CRC Advisor and fellow job seekers. Bring your questions & issues.

18th Wed 12 – 1:30 pm "BOOST YOUR EMOTIONAL WELL BEING" Registration/CRC Clients Only

Presented by: Julie Learner, MSW, LSW, Therapist at Family Service: Prevention, Education & Counseling

How are you feeling these days? Come join us to talk about boosting your emotional strength. Julie will lead a discussion group that focuses on feelings that may arise during periods of unemployment and help you channel them better, fostering the positive in your life, and creating a better emotional network for yourself.

24th Tue 7:00 pm "ENTREPRENEURIAL ALTERNATIVES – OWNING A FRANCHISE" ◆

Presented by: Paul Bors, President of FranNet

Franchising is one of the leading paths to business ownership, but is it right for you? Paul will discuss: Starting from Scratch, Buying a Business, and Buying a Franchise. Learn what you get and what you give when you buy a franchise, and how to find the one for you.

25th Wed 10am–12pm INTERMEDIATE WORD – CRC Clients Only – Registration Required - \$10 fee

Instructed by: Sherri Peterson, Sponsored by OASIS and AT&T Partnership in Technology

27th Fri 10:00 am "12 KEY ATTRIBUTES EMPLOYERS EVALUATE" ◆

Presented by: Dr. Stephen Laser, Psychologist

If you are curious about what employers are looking for, the answer lies in the criteria evaluated via psychiatric testing and how the results are used in the selection process. Steve's role in assisting employers screen candidates makes him uniquely qualified to offer insights on what attributes to market.

31st Tue 7:00 pm INTRO TO LINKEDIN – CRC Clients Only – Registration Required

Instructed by: David O'Brien, CRC Advisor, Infogix Inc., HR Leader

David will review the characteristics of well crafted LinkedIn profiles and highlight how to use LinkedIn effectively.

Hours: M W TH 9:30 am – 4:30 pm / TU 4:00 pm – 9:00 pm / F 9:30 am - 12:30 pm
847-295-5626 / info@CareerResourceCenter.org / www.CareerResourceCenter.org
Grove Cultural Campus, 40 East Old Mill Road, Suite 105, Lake Forest, IL 60045



Your Job Search Partner

Affordable – Individualized – Results Focused

Career Resource Center, Inc.®, established 20 years ago, is a regional, nonprofit career transition center that provides professional assistance to adults seeking employment. Our team of professionals energizes and empowers job seekers by offering education, training, and mentoring. CRC's comprehensive re-employment services focus on helping candidates **optimize their search efforts and maximize their results.**

CRC offers its clients comprehensive, individualized, supportive services that address current economic conditions. For a modest processing fee, clients have access to:

Services

Advisor Sessions: private, confidential one-hour sessions on any phase of the job search.

Internet Job Search Training: individual assistance with job sites, database of employers, converting resumes for electronic delivery, etc.

Educational Programs: day or evening sessions on a variety of topics.

Interview Training: private mock interview that may be videotaped and critiqued.

Networking Sessions: outside professionals facilitate sessions.

Job Search Roundtables: small group strategy sessions facilitated by advisor.

Accountability Groups: small goal setting groups that meet on a weekly basis.

Software Training: small group classes in Microsoft Office application.

Resources

Reference Library: a wealth of re-employment directories, guides, newspapers, etc.

On-line database of employers: ReferenceUSA™ - a database of 14 million U.S. businesses.

Computer Lab: Internet access in the eight-station computer lab.

Work Stations: phone and laptop internet access.

Office services: access to printers, telephones, a fax, and photocopier.

Jan Cline Leahy...Executive Director			
Kelly Clark ... <i>Office Administrator</i> Linda Bucher ... <i>Project Specialist</i>			
Advisors		Support Staff	
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